



Idaho Children's Trust Fund 2004 Annual Report

Inside:

- 2Message from the Chair
- 2About ICTF
- 32004 Board and Panel Members
- 3Outcome Accountability
- 4Grant Manager Position
- 4Super Hero Award
- 4Strengthening Families to
.....Prevent Child Abuse & Neglect
.....Conference
- 52004 Child Abuse and Neglect
Prevention Grants
Mini Grants
Target Grants
- 6Trust Fund Account Financial Report
Source of Funds
Application of Funds
- 72003-2004 Contributors

Message from the Chair

This past year has brought a few changes to our board; regrettably we said farewell to two of our long term board members. Caryn Crawford of Region V and Judy DeRoche of Region VII, both chose not to seek re-appointment after having served on the board since 1995. I appreciated the knowledge that they shared with me and their dedication to Idaho's children. They will be missed. We welcomed Governor Kempthorne's appointments of James Hermann from Sagle, representing Region I, Jim Rehder of Cottonwood, representing Region II, R. Monte MacConnell from Boise representing Region IV, and Ed Van Dusen of the Family & Community Services Division of the Dept. of Health & Welfare, all replacing members who left in 2003.

Our 2004 *Strengthening Families to Prevent Child Abuse and Neglect* Conference was quite successful with 210 participants from throughout our state. I am looking forward to this year's conference which will include celebrating the 20th anniversary of the Idaho Children's Trust Fund.

I appreciate more than ever the hard work that is being done on behalf of the children in Idaho. Far too often it is the tragedies we hear about, making us wonder what we could have done to help save yet another child from abuse or neglect. It is through prevention programs such as those supported by the Idaho Children's Trust Fund that we attempt to prevent the incidence of abuse. These programs provide the much needed information and subsequent education to families that help to prevent child abuse and neglect. This information is critical in the development of care-taking skills which will help break the harmful cycles of abuse. Thank you for being our partners in such important work.

We are grateful for the contributions made by so many on behalf of Idaho's children. Working together we can make our communities safer places for all our children.

Lynn Miner
Board Chair

Preface

It has been said that there is no greater measure of our society than how we treat our children, for our children will determine the success of our tomorrows. This is why preventing the abuse and neglect of children is so critical to the future of our society, to the future of our state, and to the future of our nation.

The social and economic costs of child abuse have been coming to light for the last few decades. Now new research conducted by Kaiser Permanente and the Centers for Disease Control provides strong evidence that the hidden costs of child abuse may be the most devastating. It appears that the victims of childhood abuse frequently pay the ultimate price—a shortened life span. Adverse childhood experiences may help explain most, if not all, of the leading causes of medical illness that rob individuals of a full and productive life.

The Adverse Childhood Experiences Study could revolutionize the way we view the causes and solutions to physical and mental health problems in our nation. Adult obesity, depression, addictions, cardiovascular disease and the major physical illnesses leading to early death all appear directly related to adverse childhood events, especially child abuse. To learn more about the Adverse Childhood Experiences Study, visit the website at www.acestudy.org.

The goal of child abuse prevention is simple—to stop child abuse and neglect from happening in the first place, sparing children and families emotional and physical trauma. A secondary goal is to decrease the need for costly intervention and treatment services.

Research shows that the best way to prevent child abuse and neglect is to support families and provide parents with the skills and resources they need to raise healthy children. We ask for your support as we work to make Idaho the safest place to be a child.



History

The Idaho Children's Trust Fund was established by an act of the state legislature in 1985 to promote child and family well-being in the state of Idaho. The legislature declared that there is a need to assist private and public agencies in identifying and establishing community-based educational and service programs for the prevention of child abuse and neglect. The Trust Fund makes grants, and provides training and technical assistance to programs throughout the state that work directly with children and their families. While located within state government, the Children's Trust Fund is a unique public-private partnership, receiving no state general funds.

Mission

The Idaho Children's Trust Fund supports efforts within the state that are designed to prevent the occurrence of child abuse and neglect.

Vision

Our vision is that all the children of Idaho are valued and develop in a safe and nurturing environment.

Governance

An independent board, created by state statute and appointed by the Governor, oversees fundraising, expenditures, and operations. The Trust Fund board includes governor-appointed members from the seven regions of the state, as well as three members appointed by the Idaho Attorney General, Superintendent of Public Instruction and the Director of the Department of Health and Welfare. Board members are citizen volunteers who are appointed because of their expertise in child and family issues. Staff members include an Executive Director and Grants Manager. Private citizens from throughout Idaho who sit on the board, or on a panel, steer the Trust Fund's course and raise the funds necessary to make prevention grants for local community programs.

Idaho Children's Trust Fund 2004 Board Members

Region 1

James Herrmann
Business Owner
Sagle

Region 2

Jim Rehder
Retired, Dept. of Corrections
Cottonwood

Region 3

Al Sanchez
Northwest Nazarene University
Nampa

Region 4

R. Monte MacConnell
Retired
Boise

Region 5

Caryn Crawford, *Board Chair*
Term ended June 2004
Community Volunteer
Ketchum

Region 6

Lynn Miner
Bright Tomorrows
Pocatello

Region 7

Judy DeRoche
Term ended June 2004
Big Brothers/Sisters of SE Idaho
Idaho Falls

Attorney General's Office

Bill von Tagen
Intergovernmental and Fiscal
Division

Department of Education

Russell Hammond
Bureau of Special Education

Department of Health and Welfare

Ed Van Dusen
Family and Community Services

Administration

Nancy Hausner, Executive Director
Margaret Hower, Grants Manager

2004 Grant Review Panels

Panel members are volunteers who review grant applications from their geographic region of the state, and make recommendation for funding to the board. Target Grant Panel members have expertise with Hispanic or Native American families, or families with a parent or child with a disability.

North

James Herrmann—Sagle, *Board Member*
Jim Rehder—Cottonwood, *Board Member*
Sheila Farmin-Aumick—Sagle
Agnes L. Weaskus—Lapwai
Beth Davis—Post Falls
Brenda Hammond—Sandpoint
Rhonda Naylor—Coeur d'Alene
Susan Fifer—Lapwai

Southwest

Caryn Crawford—Ketchum, *Board Member*
Monte MacConnell—Boise, *Board Member*
Sally McClure—Boise
Kiki Tidwell—Ketchum
Rebecca Lovelace—Nampa
Dolores Larsen—Weiser

East

Judy DeRoche—Idaho Falls, *Board Member*
Lynn Miner—Pocatello, *Board Member*
MarDee Porath—Idaho Falls
Lee Smith—Idaho Falls
Carol Stirling—Pocatello

Target

Al Sanchez—Nampa, *Board Member*
Suzie Hanks—Boise
Hortencia Lemus—Nampa
Julie Kane—Lapwai
Shirley Kaiyou—Fort Hall
Susan Nelson—Lewiston

2004 Accomplishments

Outcome Accountability

The Idaho Children's Trust Fund defines Outcome Accountability as "identifying the positive changes that are expected for *participants* in programs, measuring the extent to which these changes did or did not occur, reporting this information to funders and other key constituencies, and using the results of the process to improve services." This evaluation component was implemented to ensure that programs funded by the Children's Trust Fund are setting and measuring appropriate outcomes for the families they serve. Some of the outcomes reported by 2003 – 2004 grantee programs include:

- The 153 parents who participated in *El Valor de los Padres* (The Value of Parents) sponsored by Help, Inc. in Idaho Falls reported increases in understanding the expectations of family behavior in America, being aware of community resources for their families, understanding child abuse prevention, and providing their children with positive reinforcement.
- ICARE, Inc. in Coeur d'Alene provided *Love & Logic* Parenting classes to 336 parents who reported they felt less stressed, more calm when disciplining, and generally were having much more fun being a parent after the classes.
- The Malad School District's *Parenting Classes* reached 42 parents in Oneida County who reported significant positive changes in their families due to the implementation of parenting skills learned in class.
- The *High Risk Infant/Toddler Project* run by the Panhandle Health District in the northern counties of our state reported that the 155 parents they provided home visits for indicated increased knowledge of child development, skills related to parenting and ways to reduce stress in the family.

2004 Accomplishments Continued...

- The live, interactive on-line parenting classes taught through Parents Encouraging Parents out of Grangeville reached 294 families last year. Seventy-eight percent of the parents reported an improved attitude toward parenting, and 83% feel confident they can change their interactions with their children to improve their relationships.
- SANE SOLUTIONS (Terry Reilly Health Services) trained 149 people in the Boise area to be chaperones for sexual offenders in the community.
- St. Michael's Cathedral's (Boise) mother-baby incentive program, *Baby Steps*, served 186 low income pregnant and parenting women who reported significant increases in knowledge of child development, signs of post partum depression, and knowledge of community resources.
- Mothers in the Family Safety Network's *Baby & Me Program* in Driggs reported their feelings of isolation and loneliness decreased since 100% developed a supportive relationship with another participant.

Super Hero Award 2004

The ICTF 2004 Super Hero is Lynn Wilson, a pediatric nurse who volunteers with Camp Hodia of the Idaho Diabetes Youth Programs. Lynn has volunteered at the camp for youth with diabetes for 25 years. One camper wrote this about Lynn in her nomination letter, "Lynn Wilson is a woman who has impacted my life from the day I met her when I was ten years old. She is always eager and ready to teach people, listen to, talk with, care for, and love. Her passion for life is contagious and she brings a smile to everyone she is around."

The Super Hero Award was created in 2002 by the Idaho Children's Trust Fund to honor those who serve as mentors for children and youth, and also to

Grants Manager Position

In October 2003 the ICTF Board voted to create the staff position of Grants Manager for the Idaho Children's Trust Fund. This position was developed in order to provide more continuity of service for ICTF grantees in the areas of program evaluation, peer review, parent leadership and program sustainability.

The Grants Manager responsibilities include, but are not limited to: developing and updating funding priorities and grant criteria, coordinating and facilitating trainings for grantee programs, monitoring grantee reports, and providing various forms of technical assistance to both current grantee programs, and those interested in applying to the ICTF for grant funding.

award and encourage organizations whose mission is to serve youth.

Adam West, TV's first Batman, donated his winnings from the game show, "Who Wants to be a Millionaire?" to the Idaho Children's Trust Fund. "Batman" money funds the Super Hero Award.

As the 2004 Super Hero Award winner, Lynn received a beautiful sculpture that bears the quote, "You never stand so tall as when you bend down to help a child." Idaho Diabetes Youth Programs received a check for \$5,000 to use for their program. We are very proud to recognize Lynn Wilson of Camp Hodia in Boise, Idaho as the Idaho Children's Trust Fund 2004 *Super Hero*!

2004 Strengthening Families to Prevent Child Abuse and Neglect Conference

Our 5th annual conference brought nationally recognized keynote speakers Lundy Bancroft and Vincent Felitti, MD to Boise last April to educate and inform over 200 attendees.

Lundy Bancroft, with over 15 years of experience working with abusive men as a counselor and clinical supervisor, spoke about the impact domestic violence has on the lives of children growing up in violent homes, and what adults can do to help them heal. His books include *Why Does He Do That?: Inside the Minds of Angry and Controlling Men*, *The Batterer as Parent: Addressing the Impact of Domestic Violence on Family Dynamics*, and *When Dad Hurts Mom: Healing the Wounds of Children Who Witness Emotional or Physical Abuse*.

Vincent J. Felitti, M.D. is co-Principal Investigator of the Adverse Childhood Experiences Study, an ongoing collaborative research project between Kaiser Permanente and the Centers for Disease Control. Dr. Felitti presented new research that provides strong evidence that adult obesity, depression, addictions, cardiovascular disease and the major physical illnesses leading to early death all appear directly related to adverse childhood events, especially

child abuse. Dr. Felitti contends that "adverse childhood experiences are the main determinant of the health and social well-being of the nation."

www.acestudy.org

Other workshops included *Understanding Children's Temperaments*, *Coaching Parents with a History of Trauma*, *Grandparents As Parents*, *The Pregnant Woman and Her Unborn Child*, *Dads 101 Curriculum*, and *Stolen Innocence*, the story of 12 year old Jan Broberg's abduction, manipulation, and sexual abuse at the hands of a trusted family friend. Jan, now an adult, and her mother discussed brainwashing techniques, grooming behaviors and the exploitation used by her abuser, as well as how to help children heal from this type of abuse.

Our most sincere appreciation for a very successful conference goes to conference sponsors Ada County Board of Realtors Foundation, Boise State University Social Work Department, Gannett Foundation, Idaho Power, Office Depot, R.C. Bigelow Tea Company, Suzanne's Sensational Dressings, Idaho Magazine, Idaho Candy Company, and Staples.

2004 – 2005 Child Abuse and Neglect Prevention Grants

The Idaho Children's Trust Fund awarded grants totaling \$146,287 to the following community-based programs for fiscal year 2004 – 2005. Grant funding comes from the voluntary state income tax donation program, individual and business contributions and a federal "Community Based Child Abuse Prevention" grant.

2004 - 2005 MINI GRANTS

General child abuse prevention grants.

The Family Place - \$3,600

Family Fun Night: The Family Place provides free monthly Family FUN (Families Understanding Nurturing) Nights that includes fun activities for the family as well as Family Fun bags to take home with them. (Serving Payette County)

Family Safety Network - \$7,169

Baby & Me: An educational support series for new moms with an on-going parent support group for both moms and dads to increase child safety and build family strengths. (Serving Teton County)

Grace Episcopal Church - \$7,000

Open Arms Baby Boutique: Incentive and educational program intended to insure early and regular prenatal care and self-sufficiency for low income women. (Serving Canyon County)

ICARE - \$8,000

Parenting Classes: ICARE will provide three parenting courses: Becoming a Love & Logic Parent, The Nurturing Father's Program, and Parent Education and Support Group. (Serving Kootenai County)

Lewiston School District - \$5,300

Becoming a Love & Logic Parent: A parenting class that will help put the fun back into parenting, while building positive relationships and teaching responsibility without the use of anger, lectures, threats and warnings. (Serving Nez Perce County)

Lemhi's Promise - \$8,000

Lemhi's After School Promise: The Lemhi After School Promise will offer a 2 1/2 hour after school program for at-risk children and will offer the Second Step Violence Prevention program to children and parents. (Serving Salmon and surrounding communities)

Malad Elementary School - \$5,194

Parenting Classes and "Dinner and a Book": Malad Elementary will offer "Parent Project Jr." and "Parent Project Sr." parenting classes. These classes specifically address parenting "high risk" children. "Dinner and a Book" nights will be offered monthly. (Serving Oneida County)

Neighborhood Housing Services - \$8,000

Homeward Bound: Homeward Bound provides long-term supportive/transitional housing and social services to homeless and at-risk families with children to facilitate self-sufficiency and provide the opportunity and resources needed to break the cycle of neglect, abuse, and poverty and create secure, wholesome nurturing environments for their children. (Serving the City of Boise)

Panhandle Health District - \$8,000

High Risk Infant/Toddler Program: A home visiting program providing an experienced Public Health Nurse to visit infants and toddlers, birth to age 3, who have been identified as medically fragile, developmentally delayed, at risk for abuse or neglect, or who were born prematurely. (Serving Kootenai, Boundary, Bonner, Benewah and Shoshone Counties)

Parents Encouraging Parents - \$5,045

On-Line Parenting Classes: PEP will offer a series of four classes for parents of young children, four classes for parents of teens, and additional classes addressing parenting during separation and divorce, blended family issues, and handling an angry child. (Services available statewide)

PAYADA - \$6,992

Parenting Challenge: The Parenting Challenge is a program designed to meet the needs of parents in the workplace and community to address prevention of child abuse and neglect, substance abuse and delinquent behavior. (Serving Ada County)

Shepherd's Home - \$2,995

Respite Care: "Respite Care – helping kids, supporting parents, strengthening communities," will prevent child abuse by providing no-cost respite care for children of parents in need of help. (Services available in McCall for families statewide)

St. Luke's Health Foundation - \$6,000

Infant Comfort Kits: This project will provide the actual tools to succeed with a new baby to the families identified as "at risk" of not being able to provide protective resources for their new infants. An "Infant Comfort Kit" will include formula, a soft blanket for swaddling, an infant swing, and instructional materials on "Soothing a Fussy Baby." (Serving Ada County)

Terry Reilly Health Services—

Sane Solutions - \$6,992

Child Sexual Abuse Prevention Education: An educational program designed to educate parents and concerned citizens on ways they can protect children from child sexual abuse and how to respond in the event they are concerned about a child. (Serving Ada County)

Young Children and Family Programs (YCFP) of the Palouse - \$8,000

High Risk Parent Education: High Risk Parent Education Services are comprehensive, home-based, parent education services offered to high risk parents. (Serving Latah County)

2004 - 2005 TARGET GRANTS

"Targeted" specifically toward Hispanic or Tribal families, or families with a parent or child with a disability.

Families Together (NW Region) - \$10,000

Family Enrichment Weekend: Will provide a two-day training workshop for 10 families with a child with severe disabilities who exhibits self-injurious and disruptive behaviors. (Serving Latah County and the Nez Perce Tribe)

Family Safety Network - \$3,193

Baby and Me (Spanish Session): An educational parent support series for Spanish speaking moms to increase child safety and build family strengths. (Serving Teton County)

Family Services Alliance of Southeast Idaho - \$6,714

Family Support Program: Family Support Workers will work with families with children or parents with a disability to prevent child abuse and neglect. (Serving Bannock and Power Counties)

Help, Inc., Exchange Club Child Abuse Prevention Center - \$10,000

El Valor de los Padres (The Value of Parents):

A program designed to teach parents to be their child's first, best teacher. (Serving Bonneville and Bingham Counties)

Idaho Hands & Voices - \$6,000

Idaho Hands & Voices: Provides parent-to-parent support and information services to families of children with hearing loss, without bias around methodology or mode of communication. (Services available statewide)

Middleton School District - \$10,000

Parents As Teachers: This program will offer Parents As Teachers services to Spanish speaking families. (Serving Middleton School District in Canyon County)

St. Luke's Center for Community Health - \$4,093

Familias Saludables (Healthy Families): Provides free health education and resources to Spanish speaking persons through parenting classes and an Annual Health Fair. (Serving the Wood River Valley)

ICTF Financial Report

The Department of Health and Welfare, under the direction of the Idaho Children's Trust Fund Board, is responsible for the management and accounting of funds in the Trust account. The following is a summary of the financial activities of the Trust Fund account in SFY 2004 (July 1, 2003 – June 30, 2004). By state statute, up to half of the funds generated by income tax return donations, along with 75% of the amount generated by other sources, may be expended for grants. Half of the funds generated by the income tax donations, and 25% of other income must be deposited into the Children's Trust Fund Endowment Account in order to generate interest earnings to be used for future grants.

Source of Funds	
Cash on Hand, July 1, 2003	\$132,285
<i>Deposits</i>	
Cash and Special Donations	\$25,006
Tax Return Donations	\$94,434
Interest Earned	\$2,890
<i>Total Deposits</i>	\$122,330
Total Funds Available, SFY 2003	\$254,615
Application of Funds	
<i>Disbursements</i>	
Personnel	\$50,072
Trust Fund Grants & Awards	\$102,492
Transfer to Endowment	\$16,138
Other	\$3,260
<i>Total Disbursements</i>	\$171,962
Cash on Hand End of Year (June 30, 2004)	\$82,653
<i>Balance June 30, 2004</i>	
Endowment Account	\$1,002,338
Cash on hand	\$82,653
Total Amount in Children's Trust Fund (June 30, 2004)	\$1,084,991



2003 -2004 Contributors

Your gift to the Idaho Children's Trust Fund is an investment in the future of our state. We appreciate your help as we work to support families and keep Idaho's children safe from abuse and neglect.

Ada County Board of Realtors
Jan Adams
David & Debra Anderson
James & Kay Anderson
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Tore Beal-Gwartney
Craig & Carolyn Beaver
G.W.C. & Elizabeth Bischoff
David Butler
Anita Campbell
Bruce Castleton
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Mitch & Brenda Williams
Virginia Wooley
Yanke Machine Shop, Inc.

Thank You!

We would especially like to thank the thousands of Idahoans who donated so generously through their Idaho State Income Tax forms. We are not able to learn your names, but please rest assured that your contribution is greatly appreciated.





**Idaho
Children's
Trust Fund**

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